

## **GOVERNMENT OF ANDHRA PRADESH** SCHOOL EDUCATION

Commissioner, School Education

Andhra Pradesh State

lyderabad.

To The District Collectors,

in the State

Lr. No.285/MDM-2/2015. Dated:31/10/2015

Sub:- SE Dept.MDM Scheme - Providing of breakfast/snaks under Mid Day Meal Scheme – Fortified millet based biscuits as breakfast–Proposal–Submitted–Reg.

I wish to inform that Mid Day Meal scheme is being implemented in AP tate overing 3001329 No. of students from I-X Class within Annual Budget of .43 Crores, In consultation with experts of National Institute Of and Harmer Science College, Agricultural University, the MDM the schools. Accordingly the tems are being cooked and

menu and food norms for Primary, Pre Primary and High Schools is Indicated below

## Food Norms:

S.no.	Items	Quantity per day per child	
		Primary	Upper Primary/ High School/NCLP
01	Food Grains	100 grms	150 grms
02	Pulses	20 grms	30 grms
03	Vegetables (Leafy also)	50 grms	75 grms
04	Oil & Fat	5 grms	7.5 grms
05	Double Fortified salt & iodized salt & Condiments	Ãs per need	As per need

## MENU:

S.no.	Week	Menu	
01	Monday	Sambar	
02	Tuesday	Vegatables	
03	Wednesday	Dal & Vegetables	
04	Thursday	Sambar	
05	Friday	Vegetables	
06	Saturday	Dal & Vegetables	
07	EGG / Banana	Twice a week	

National Institute of Nutrition (NIN) after an evaluation study has advised that millet based items may be included in the MDM menu. Hon'ble Chief Minister and Hon'ble Minister HRD have also directed that the nutrition value of MDM being served in the schools may be enhanced by including millet based items of food in the existing MDM menu. Some of the suggested millet based items of food are Ragi Sankati, Broken Wheet Dhalia, preparations made one of Jowar and Maize, millet based biscuits, etc.

You are requested to offer your comments and suggestions for including which of the millet based food items with regard to your district.

Kindly submit your suggestion by 07.11.2015. So that further necessary action can be taken at this end.

K.SANDHYA RANI

Commissioner of School Education

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office of the pirt. Edul. officer relling 1981 x Merchant, deted: -11-2015

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District Educational Officer.
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